Self-Screening at Home

Before coming to the Ventura Yacht Club please complete this symptom check list:

• Fever or chills – take your temperature before leaving home.
• Cough
• Shortness of breath or difficulty breathing
• Fatigue
• Muscle or body aches
• Headache
• New loss of taste or smell
• Sore throat
• Congestion or runny nose
• Nausea or vomiting
• Diarrhea
• Have you or someone you live with been diagnosed with COVID-19?

If you have a fever or any of these symptoms on a persistent basis you might have COVID-19. Please do not come to the Ventura Yacht Club.