Hello, Sailors & Parents,

I hope you are as excited as we are for summer sailing camp to begin! Whether you are new to sailing or have participated in our program in the past, you will find the following information helpful to prepare for a successful camp experience. <u>Please review carefully.</u>

- Parents, drop-off time is between 8:50 9:00 AM. Please do not drop your student(s) off any earlier, as there will be no supervision prior to that time.
  - o The sign-in area will be located in the downstairs patio of VYC.
  - O You must sign your student(s) in and out **daily**. The camp day ends at 4:00pm. Please be prompt in picking up your student(s) by reporting to the patio and signing your student(s) out. For your student's safety, this is non-negotiable!
- Sailors **must** bring the following items every day to camp:
  - A towel and a change of clothes
    - Every Monday, students perform a mandatory swim test and capsize drill.
       Provide your student(s) with a towel and extra clothing as weather may be inclement
  - Coast Guard-approved life jacket. Please make sure the size is correct and is not obstructing the student's movement when in a sitting/squatting position. It is very important that each student provides their own life jacket, as the yacht club does not have many extras. Walmart, Costco and West Marine all sell life jackets
    - We do not allow Type 5 lifejackets
  - Appropriate clothing. This includes clothes that can get wet and dry rapidly. Jeans
    are not recommended. Also, please note that the weather can change quickly, so it is
    advised that your child brings a jacket
  - o <u>Sun block</u> (should be applied before coming to camp and will be reapplied several times during the day). We recommend SPF 30 or higher. Instructors cannot apply sun block, but will remind sailors throughout the day to reapply sun block
  - <u>Closed-toed shoes</u> such as sailing booties, tennis shoes, Keens or Tevas, water shoes, etc.; anything that protects the foot and toes
    - No flip-flops or sandals
  - Lunch, snacks, and plenty of water. As with all physical activities, students may be hungrier and thirstier than normal
- While they are not mandatory items, a hat and sunglasses are recommended
- All items should be clearly marked with your child's name and stored in a duffel bag or beach bag
- Per VYC's Bylaws and insurance policy, parents/guardians must vacate the premises after drop off and pick up, and are **not** allowed to enter the Junior Gear Shed or be on VYC's docks and gangways. **This is non-negotiable**.

The Ventura Yacht Club and VYC Youth Sailing are not responsible for any lost or stolen items. Kids should **not** bring any electronic devices such as an iPod, cell phone, or camera to camp. There will always be a phone on the premises to use in the event of an emergency. If your child must bring a cell phone, the phone will be expected to be stored in the child's gear bag and will not be allowed to be brought out until the end of the day. Remember, water and electronics do not mix well!