



### **Program Guide:**

VYC's CFJ Racing team is a training program geared towards sailors planning to race regional and national regattas. This program is sailed in CFJ's with spinnakers. Areas of focus include: advanced boat handling; tuning; spinnaker trim; tactics/strategy; and advanced racing techniques.

### **Pre-Requisites & Commitment:**

CFJ racing is appropriate for students 12-18 who have sailed FJ's previously, for those with experience in other dinghy racing, such as VYC's Championship Opti Team, and those who are interested in attending the *Shadden Series* as planned by the Southern California Youth Yacht Racing Association (SCYYRA). VYC's instructors will make the final decision as to whether a competitor is ready to move into the CFJ fleet.

CFJ racers must become a Member of the CFJ Class Association and a Junior Member of the Ventura Yacht Club. Both memberships must remain in good standing to attend practices and regattas. CFJ racers are expected to attend regular weekly practices and the four *Shadden Series* events.

### **Tuition/Structure:**

Practices will be hosted twice a week from 3:30 PM to 6:00 PM. **Practice and regatta fees are non-refundable.** Tuition and registration are utilized to plan for the Term, and we cannot adjust the program once tuition has been paid. Payments are to be made to Ventura Yacht Club.

#### **Winter Term, November – March**

**Practices: \$400**

**Shadden Series #3 @ SDYC: \$75**

**Shadden Series #4 @ ABYC: \$75**

#### **Summer Term, April – July**

**Practices: \$500**

**CFJ Nationals @ NHYC: \$100**

#### **Fall Term, July – October**

**Practices: \$400**

**Shadden Series #1 @ NHYC: \$75**

**Shadden Series #2 @ CYC: \$75**

### **Links:**

CFJ Class Association: <https://www.cfjclass.org/>

SCYYRA *Shadden Series* Home: <https://www.scyyra.org/series/17/shadden-info>

\*\*Within the Junior Membership Application, sailors and parent(s)/guardian(s) must sign VYC's Code of Conduct. This Code of Conduct extends to other yacht clubs that VYC's racers and parent(s)/guardian(s) visit and, along with any By-Laws and rules of VYC or other yacht clubs, must be followed by both the racer and their parent(s)/guardian(s). The breaking of any items of the Code of Conduct provides grounds for removal from the Ventura Yacht Club, its Race Team, and the VYC Youth Program.\*\*